

Chaplains for Wellbeing



The Chaplains for Wellbeing are here for you...providing listening & guidance.

Who is able to see the Chaplains for Wellbeing?

The Chaplain is for everyone, of all faiths and beliefs. Each of us is more than physical. The health of our inner self affects our wellbeing in every respect: physical, emotional, in relationships, work, decision making.

What does the Chaplain for Wellbeing provide?

The Chaplain offers confidential pastoral and spiritual care for you the patient.

This may include:

- Listening to your story.
- Discussing your concerns and offering reflection and support.
- Putting you in touch with other helpful agencies.
- Providing useful resource material.
- Helping you develop your own spiritual journey which may include the offer of prayer.

What will happen?

The Chaplain for Wellbeing is available to see you by appointment. The Chaplain aims to listen to you without judgement and with respect to your beliefs and experiences.

How to see the Chaplain?

To be referred to the Chaplains for Wellbeing offering the Listening & Guidance Service, you need to be referred through your GP.

Appointment

Appointment will be made by the Chaplain who will contact you and then agree an appointment time over the phone.

